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SOPAC - Site License 11/05/2019 - 9:20 AM
2019 Sydney Open Meet - 10/05/2019 to 12/05/2019

Event 14 Women 400 LC Meter Freestyle

NSW: @ 4:05.01 1/03/2014 JESSICA ASHWOOD, SOPAC
NSW A/C: # 4:03.88 3/04/2015 LAUREN BOYLE, NEW ZEALAND
WORLD: ! 3:56.46 12/08/2016 KATIE LEDECKY, USA
AUSTRALIAN: % 3:59.66 18/08/2018 ARIARNE TITMUS, ST PETERS WEST
AUST A/C: ^ 3:58.37 23/08/2014 KATIE LEDECKY, USA
COMMONWEALTH: \$ 3:59.66 18/08/2018 ARIARNE TITMUS, AUSTRALIA
UNISPORT: & 4:12.91 1/01/2015 MADDIE GROVES, Bond
Meet Qualifying: 4:45.00

Name	Age Team	Seed	Prelims
=== Preliminaries ===			
1 MELVERTON, KIAH	22 GU	4:06.25	4:12.03&
r:+0.58 30.02	1:01.41 (31.39)		
1:33.18 (31.77)	2:05.20 (32.02)		
2:37.21 (32.01)	3:09.62 (32.41)		
3:41.52 (31.90)	4:12.03 (30.51)		
2 GOUGH, MADELEINE	19 BONDU	4:08.42	4:12.24&
r:+0.72 30.13	1:01.96 (31.83)		
1:33.71 (31.75)	2:05.78 (32.07)		
2:37.48 (31.70)	3:09.25 (31.77)		
3:41.11 (31.86)	4:12.24 (31.13)		
3 TAYLOR, LAURA	19 BONDU	4:16.52	4:16.81
r:+0.57 29.85	1:02.27 (32.42)		
1:34.85 (32.58)	2:07.55 (32.70)		
2:40.05 (32.50)	3:12.75 (32.70)		
3:44.98 (32.23)	4:16.81 (31.83)		
4 MCKEOWN, KAYLEE	17 USC	4:15.42	4:16.85
r:+0.43 29.85	1:02.84 (32.99)		
1:35.40 (32.56)	2:08.06 (32.66)		
2:39.92 (31.86)	3:12.74 (32.82)		
3:44.79 (32.05)	4:16.85 (32.06)		
5 SHERIDAN, MIKKAYLA	24 USCS	4:09.36	4:17.12
r:+0.64 29.47	1:01.81 (32.34)		
1:34.47 (32.66)	2:07.32 (32.85)		
2:39.84 (32.52)	3:12.62 (32.78)		
3:45.56 (32.94)	4:17.12 (31.56)		
6 NEALE, LEAH	23 USCS	4:10.59	4:17.22
r:+0.56 30.39	1:03.82 (33.43)		
1:35.96 (32.14)	2:08.44 (32.48)		
2:40.46 (32.02)	3:13.03 (32.57)		
3:45.33 (32.30)	4:17.22 (31.89)		
7 PALLISTER, LANI	16 CTREE	4:07.76	4:17.64
r:+0.46 29.59	1:01.68 (32.09)		
1:34.61 (32.93)	2:07.39 (32.78)		
2:40.36 (32.97)	3:13.21 (32.85)		
3:46.11 (32.90)	4:17.64 (31.53)		
8 ADAMS, OLIVIA	20 UTS	4:14.41	4:17.66
r:+0.47 29.60	1:02.06 (32.46)		
1:34.71 (32.65)	2:07.63 (32.92)		
2:40.37 (32.74)	3:13.42 (33.05)		
3:46.31 (32.89)	4:17.66 (31.35)		
9 MESSER, MIKAYLA	19 GU	4:10.95	4:18.60
r:+0.55 30.91	1:04.44 (33.53)		
1:36.93 (32.49)	2:09.98 (33.05)		
2:42.27 (32.29)	3:15.31 (33.04)		
3:47.70 (32.39)	4:18.60 (30.90)		
10 BUCHANAN, CARLA	23 QUT	4:11.73	4:19.31
r:+0.57 29.57	1:02.50 (32.93)		

	1:35.25 (32.75)	2:08.11 (32.86)		
	2:40.66 (32.55)	3:13.59 (32.93)		
	3:47.20 (33.61)	4:19.31 (32.11)		

11	ROBINSON, EMMA	24 CAPWN	4:15.77	4:21.63
	r:+0.59 30.23	1:03.24 (33.01)		
	1:36.50 (33.26)	2:09.70 (33.20)		
	2:43.01 (33.31)	3:16.40 (33.39)		
	3:49.63 (33.23)	4:21.63 (32.00)		
12	WELFARE, SARAH	19 USYD	4:16.34	4:24.67
	r:+0.62 29.76	1:02.30 (32.54)		
	1:35.67 (33.37)	2:09.51 (33.84)		
	2:43.30 (33.79)	3:17.28 (33.98)		
	3:51.68 (34.40)	4:24.67 (32.99)		
13	MADDEN, JESSICA	16 SLCA	4:14.82	4:27.06
	r:+0.48 30.07	1:03.51 (33.44)		
	1:37.06 (33.55)	2:11.30 (34.24)		
	2:45.12 (33.82)	3:19.26 (34.14)		
	3:53.30 (34.04)	4:27.06 (33.76)		
14	O'BRIEN, PHILIPPA	17 QUT	4:22.94	4:31.86
	r:+0.70 31.91	1:06.14 (34.23)		
	1:40.37 (34.23)	2:14.81 (34.44)		
	2:49.05 (34.24)	3:23.92 (34.87)		
	3:58.33 (34.41)	4:31.86 (33.53)		
15	MARTIN, TAYLA	20 CARL	4:23.48	4:31.94
	r:+0.59 30.73	1:04.66 (33.93)		
	1:38.97 (34.31)	2:13.26 (34.29)		
	2:47.89 (34.63)	3:22.75 (34.86)		
	3:57.09 (34.34)	4:31.94 (34.85)		
16	MOUATT, JESSICA	17 QUT	4:20.13	4:35.21
	r:+0.52 30.56	1:05.15 (34.59)		
	1:40.14 (34.99)	2:15.10 (34.96)		
	2:50.41 (35.31)	3:26.14 (35.73)		
	4:01.28 (35.14)	4:35.21 (33.93)		
17	WARBURTON, EMMA	19 NDA	4:31.50	4:37.20
	r:+0.57 31.48	1:06.52 (35.04)		
	1:41.80 (35.28)	2:17.03 (35.23)		
	2:51.71 (34.68)	3:27.61 (35.90)		
	4:03.09 (35.48)	4:37.20 (34.11)		
18	RALPH, JARDENE	20 UTAS	4:25.41	4:38.87
	r:+0.67 30.30	1:03.59 (33.29)		
	1:38.94 (35.35)	2:14.50 (35.56)		
	2:50.69 (36.19)	3:26.60 (35.91)		
	4:03.31 (36.71)	4:38.87 (35.56)		
19	GILLINGHAM, EMMA	20 ANU	4:28.36	4:39.68
	r:+0.58 32.11	1:06.42 (34.31)		
	1:41.70 (35.28)	2:17.15 (35.45)		
	2:52.84 (35.69)	3:28.92 (36.08)		
	4:04.71 (35.79)	4:39.68 (34.97)		
20	FOLEY, IMOGEN	19 USYD	4:33.90	4:41.01
	r:+0.69 31.13	1:05.73 (34.60)		
	1:41.77 (36.04)	2:18.14 (36.37)		
	2:55.00 (36.86)	3:30.82 (35.82)		
	4:06.65 (35.83)	4:41.01 (34.36)		

21	MARTIN, MARISSA	20 USA	4:30.29	4:45.82
	r:+0.71 31.30	1:05.29 (33.99)		
	1:40.29 (35.00)	2:16.17 (35.88)		
	2:52.76 (36.59)	3:30.49 (37.73)		
	4:08.44 (37.95)	4:45.82 (37.38)		
22	GORGAS, ELENI	18 MQU	4:42.59	4:48.24
	r:+0.67 31.66	1:06.72 (35.06)		
	1:42.77 (36.05)	2:19.05 (36.28)		
	2:56.45 (37.40)	3:33.72 (37.27)		
	4:11.27 (37.55)	4:48.24 (36.97)		
23	FORD, ISOBEL	19 MQU	4:37.86	4:53.38
	32.15	1:07.73 (35.58)		
	1:44.05 (36.32)	2:21.60 (37.55)		
	2:59.20 (37.60)	3:37.50 (38.30)		

4:15.53 (38.03)	4:53.38 (37.85)		
-- FORRESTER, AMY	21 BONDU	4:20.44	SCR
-- DAVIES, PRUE	21 SCU	4:20.47	SCR
-- O'DONOGHUE, ELLY	18 QUT	4:26.94	SCR